FREE CLASSES, EVENTS AND ACTIVITIES

JULY 2018

TEENS
& TECH
TEENS & TECH

These days it's hard to find a teenager not tethered to an electronic device. From Snapchat to Instagram to coding to gaming, teens live in a tech-driven world. And to keep them luxuriating in the tech they need, the Denver Public Library provides equipment, programs and labs that inspire, teach and motivate.

Teens are the cornerstone of our ideaLAB digital makerspaces. There, teens can make and produce anything from robots to music or videos to websites. We provide the tools and resources teens need to make projects happen. Each branch also provides computers, Internet access and software to keep kids connected to the world around them.

ACTIVE MINDS

*Active Minds (activeminds.com) expands lives and minds by providing outstanding educational programs across Denver.*

The Future of Bees

Thursday, July 12, 6:45-7:45 p.m.  
@ Sam Gary

Thursday, July 19, 3-4 p.m.  
@ Ross-University Hills

Found on every continent except Antarctica, bees are vital pollinators, making possible much of the food humans eat. In recent years, however, crucial bee species have experienced significant loss. Since the 1990s, the bumblebee population has plunged almost 90 percent. Additionally, since 2006, a malady called Colony Collapse Disorder has afflicted honey bee populations. We'll dive into the world of bees and examine the factors that are affecting these important species.

Japanese Internment

Saturday, July 14, 1-2 p.m.  
@ Central Library, Floor 7, Training Room

Months after the bombing of Pearl Harbor in 1941, President Franklin D. Roosevelt signed Executive Order 9066 authorizing the internment of over 100,000 Japanese-Americans. We'll seek to understand this dark chapter in American history and what we learned as a nation from this experience.

The Year 1968

Thursday, July 26, 6:45-7:45 p.m.  
@ Sam Gary

The year 1968 was a year of chaos, conflict and change—all brought into America's living rooms by television. It began in January with the Tet Offensive in Vietnam and ended with the successful completion of the Apollo 8 moon orbit mission. In between we saw civil rights struggles, student protests, political upheaval and the assassination of both Martin Luther King, Jr. and Robert F. Kennedy. Travel back in time to this key year in history to explore these and other important events.

AUTHOR VISITS AND WRITING

Hard Times Writing Workshop with Lighthouse Writers Workshop

Tuesdays, 3-5 p.m.  
@ Central Library, Floor 4, Rockwell Meeting Room

Learn to put challenging life experiences into words. Sharing is optional, and a seasoned instructor will guide you through prompts and edits to hone your craft. No experience required; writing materials provided.

Tales from an Uncertain World: What Other Assorted Disasters Can Teach Us About Climate Change, with author L.S. Gardiner

Saturday, July 21, 2:30-3:30 p.m.  
@ Park Hill

Author L.S. Gardiner will share her quest to learn how people deal with disasters and how we can draw upon our experience as we attempt to quell the climate catastrophe and be resilient. Books available for sale and signing.
**BOOK CLUBS**

Find all your favorite book clubs in the online events calendar at denverlibrary.org/events.

**BUSINESS AND JOB SEARCH**

**RiNo Made Salon: The Business of Being Creative**

Tuesday, July 10, 6:30-8:30 p.m.  
@ RiNo Art District, Zeppelin Station, 3501 Wazee Street

RiNo Made, the store dedicated to showcasing the arts of artists and artisan who live and work in the RiNo area, is now hosting monthly workshops to help creatives add skills that they might not have learned in art school—the techniques of making art into a business. Check out the monthly topics at rinoartdistrict.org

**Building Your Retirement Savings**

Wednesday, July 18, 6-7 p.m.  
@ Ross-Cherry Creek

Learn age-based accumulation strategies that balance your plans for retirement with living a rich and fulfilling life today. Your guide is local Certified Financial Planner and Chartered Retirement Planning Counselor, Susan O’Grady.

**When and How to Access Your Retirement Savings**

Wednesday, July 25, 6-7 p.m.  
@ Ross-Cherry Creek

Susan O’Grady, a seasoned wealth manager, explains the complex rules for Required Minimum Distributions and Qualified Charitable Distributions, offers tax-smart choices for supplemental cash flow, weaves predictable retirement resources (Social Security, pensions, annuities, etc.) into the grand plan, and identifies deliberate estate planning strategies, while avoiding common, yet costly, mistakes.

**Marketing with Social Media**

Tuesday, July 31, 6-7:30 p.m.  
@ Central Library, Floor 4, Large Classroom

Social media is a powerful communication tool. Learn how to get started with Facebook, Twitter, blogs and personal websites.

**CIVIC ENGAGEMENT**

**Coffee & Conversation**

Saturdays, 9-10 a.m. @ Bear Valley  
Tuesday, July 17, 1:30-2:30 p.m.  
@ Ross-University Hills

Enjoy refreshments with your neighbors while you read the paper, play board games, do a puzzle or browse books. We’ll also be on hand to listen to your thoughts on the library and the community.

**Civics on the Go: How to Spot Fake News**

Tuesday, July 10, 3:30-5:30 p.m.  
@ Central Library, Floor 1, Schlessman Hall

It can be tricky to tell real news from fake news. Get some tips on the go. Drop by to learn how librarians evaluate news stories and share your own ideas.

**CHILDREN**

**STEM Club**

Mondays, 4-5 p.m. @ Ross-Barnum  
Tuesdays, July 10, 17, 24, 31, 4-5 p.m.  
@ Virginia Village

Do stuff. Make stuff. Fun stuff. Plus snacks! We’ll explore STEM every week. Ideal for ages 4-9.

**Crafternoon**

Monday, July 9, 2-3 p.m. @ Sam Gary  
Join us for a variety of crafts for the whole family. Ideal for ages 4-9 with an adult.

**Family Book Club**

Saturday, July 14, 2-3 p.m. @ Gonzales  
Share a new book together in a supportive and fun environment. Enjoy snacks and activities following the reading. Ideal for ages 5-8.

**Awesome Art Adventures**

Friday, July 20, 10:30-11:30 a.m.  
@ Virginia Village

Read a book and create some art. Learn about color and experiment with different textures using paints, paper, clay and more. Come dressed to get messy. Ideal for ages 2-5 with an adult.

**DENVER DJ JASON HELLER SPINS MUSIC FROM HIS BOOK**

**Strange Stars: David Bowie, Pop Music, and the Decade Science Fiction Exploded**

Saturday, July 7, 2-3 p.m.  
@ Central Library, Floor 1, Movies & Music

See page 7 for details.
How to Spot Fake News
Saturday, July 14, 2-3:15 p.m.
@ Sam Gary
Are you puzzled about telling real news from fake news? Learn the tricks and tools reference librarians use to evaluate the credibility of news stories.

Equity in Schools: We PHNEEd to Talk
Wednesday, July 18, 6:30-7:30 p.m.
@ Park Hill
Park Hill Neighbors for Equity in Education (PHNEE) invites you to a discussion of how to use stakeholder power to improve equity in schools. This is the first in a series of conversations about diversity, equity and inclusion in education.

Coffee Connections
Wednesday, July 25, 10:30-11:30 a.m.
@ Central Library, Floor 4, Lounge
Library customers experiencing homelessness and customers interested in social issues are invited to meet library staff for coffee, doughnuts and conversation.

DIY
Dr. Sketchy's Anti-Art School: Independence Day Edition
Sunday, July 1, 5-7:30 p.m.
@ RiNo Art District, Zeppelin Station, 3501 Wazee Street
Hosted by Denver's beloved burlesque queen, Vivienne Vavoom, this evening has everything: costumed models, fun themes, cash bar, great menu items, art-lovin' people. All skill levels welcome. Bring your favorite drawing supplies but please, no oil paints, messy or stinky mediums. Drinks available and food can be purchased on-site. We'll have giveaways and prizes for attendees. Seating is first come, first serve.
denverlibrary.org/rinopopup

Knitting Club
Mondays, 6-7:30 p.m.
@ Schlessman Family
Lessons, movies, charity work, and, of course, knitting.

MORE OPTIONS
Expand your search to 40 Colorado libraries with Prospector or worldwide with Interlibrary Loan.
Ford-Warren Crafters  
Tuesdays & Thursdays, 5-7 p.m.  
@ Ford-Warren  
Join other crafters of all levels for knitting, quilting, crocheting, cross stitch and other crafting interests. Bring your own project. Children must be accompanied by an adult.

Sewing Lounge @ Bear Valley  
Thursday, July 5, 12-2 p.m.  
Thursday, July 12, 10 a.m.-12 p.m.  
Need a sewing machine for a special project? Grab your supplies and head over to use ours. Staff will be on hand to answer questions.

Madame Defarge Knitting Salon: Freestyle Edition  
Thursdays, 6-8:30 p.m.  
@ RiNo Art District, Zeppelin Station, 3501 Wazee Street  
Whether your fiber freak flag is crochet, needlepoint, cross stitch or knitting, grab a portable handwork project and come stitch with like-minded makers. Every Thursday night we gather for stitching and conversation in the RiNo’s sleek, new Zeppelin Station. Drinks and food available on-site.

First Friday Paint and Sit  
Friday, July 6, 6:30-9 p.m. @ Byers  
Make an acrylic or watercolor painting on one of our canvases. All materials provided. All ages welcome.

Fix & Mend Meetup  
Saturday, July 7, 11:30 a.m.-1 p.m.  
@ Central Library, Floor 4, SM Energy ideaLAB  
Bring your faulty lamp, torn pants or other broken objects to this drop-in repair lab where we will work together to help you fix your items. This is a collaborative, social gathering and interested tinkerers are welcome to join as well.

Sit ‘n’ Knit  
Tuesday, July 24, 12:30-2:30 p.m.  
@ Bear Valley  
Experienced knitters can share their knowledge while beginners get tips from skilled cohorts. Fiber host: Charlotte Updike.

Knitting Circle  
Thursdays, July 12 & 26, 5:30-7:30 p.m.  
@ Sam Gary  
Bring your knitting or crochet project and join other crafters in conversation around the Sam Gary fireplace.

DIY: Simple Soaps  
Thursday, July 12, 5:30 pm @ Montbello  
Learn how to make soaps from ingredients you may already have at home.

Snarky Cross Stitch  
Saturday, July 14, 1-3 p.m.  
@ Schlessman Family  
It’s snarky cross stitch, where sarcasm meets handicraft. Bring your own project or choose from a selection of simple, cynical patterns. Materials provided.

Digital Photography 101  
Tuesday, July 17, 6-7:15 p.m.  
@ Woodbury  
Discuss the major points that can help elevate your digital photography skills. We will review the typical settings that are used when taking pictures with a digital camera such as aperture, shutter speed, ISO, flash settings and types, etc. We will also address the common settings for taking pictures at sporting events, nature photography and low-light situations.

DIY Home Edition: Macrame for the Modern World  
Thursday, July 19, 6-8 p.m.  
@ RiNo Art District, Zeppelin Station, 3501 Wazee Street  
Channel everything that was good and crafty about that 70s decade with a chic handmade macrame plant hanger. This free workshop includes all materials and an expert instructor. Lift up your favorite plants with a beautiful macrame accessory. Registration required at denverlibrary.org/rinopopup or call 720-865-0160.

UV Light T-Shirt Design  
Thursday, July 26, 5:30-7 p.m. @ Byers  
Design your own T-shirts. You’ll print an image on transparent paper, place it over the ink applied to the shirt and let our UV light develop the ink around it with our special Jacquard lumi-ink. If you know what image you would like to use in advance, call 720-865-0160 and we’ll arrange to have it ready for you when you arrive.

DIY: Leather Earrings  
Thursday, July 26, 5:30 pm  
@ Montbello  
Earrings are always a great addition to your accessory collection.

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How I Survived WWII and the Holocaust as a Young Boy
Saturday, July 14, 2:30-3:30 p.m.
@ Woodbury
Holocaust survivor Oscar Sladek will share with us a detailed story of his life from the age of 7 to 10, including how the choices he and his family made helped them to escape the Nazi roundups of Jews in his native Slovakia. Sadly, a large number of his extended family perished in forced labor and concentration camps. Sladek also touches on the progress of the ongoing war and its effect on our day-to-day survival. A question and answer session will follow the presentation.

Black Genealogy Search Group
Saturday, July 28 @ Blair-Caldwell
DNA Discussion Group 9:15-10:15 a.m.
Monthly Meeting, 10:30a.m.-12:30 p.m.
Writers’ Group, 12:30-1:30 p.m.
For more information visit bgsgden.org

Camp Derrick
Saturday, July 28 10 a.m.-4 p.m.
@ Central Library, Floor 5, Western History & Genealogy
Third Annual Camp Derrick a.k.a. summertime fun for genealogists. Attend a morning class about writing and publishing your family history with Carol Darrow, then an afternoon class on World War I resources and research with Sandy Ronayne. Tours of special places in the Central Library will be offered and all capped off with refreshments. Camp Derrick is our annual event to thank the genealogical community that supports the Genealogy Collection.

MORE FUN STUFF

Mementos From Home
Exhibit On display June 1-July 31
@ Gonzales
Audio-visual photo exhibit featuring DPL staff and customers sharing cherished mementos from home. Created by DPL, Services to Immigrants and Refugees, and sponsored by Denver Arts & Venues.

¡Habla Yal! Spanish
Conversation Group
Tuesday, July 3 & 17, 4-5 p.m.
@ Schlessman Family
Practice your Spanish with other language learners. This is not an instructional course, but rather a great opportunity to chat and improve your skills through facilitated conversation.

Aztec Stories
Friday, July 6, 3-4 p.m. @ Bear Valley
Wednesday, July 11, 10:30-11:30 a.m.
@ Hadley
A cultural, educational, musically interactive presentation for all ages. With over 45 hand-made indigenous instruments, stories, poetry and narratives, Michael Heralda reveals, from an indigenous perspective, the beauty and sophistication of the ancient Mexica/Aztec culture.

RiNo First Friday at Zeppelin: Typewriter Poetry
Friday, July 6, 6-9 p.m.
@ RiNo Art District, Zeppelin Station, 3501 Wazee Street
We want you to have a soulful experience at our next First Friday event. With just a few words to help describe you, we’ll ask our talented street poet to write an instant poem just for you. Find out what your descriptors about yourself communicate to the world through poetry.

Fall is the New Spring
Saturday, July 7, 2:30-3:30 p.m.
@ Bear Valley
Your garden has so much more to give. Gardening in the fall has many advantages; sweeter taste to your produce, less bugs and a wide variety of plants that thrive in cooler weather. Learn what and when to plant.

Teen Magic Club
Monday, July 9 & 23, 4:30-5:30 p.m.
@ Park Hill
Do you already play Magic: the Gathering, or are you interested in learning? Stop by to play and meet other teens. Ideal for ages 11-17.

Board Game Night
Wednesday, July 11, 6-7:30 p.m.
@ Hadley
Unplug for an evening and play board games at the library. A variety of games will be provided, but we encourage you to bring your own. Come with your friends or make some new ones. Ideal for ages 18 and up.

Vintage Gaming #TBT
Thursday, July 12, 5:30-7:30 p.m.
@ Byers
Relive your youth with Super Mario, The Legend of Zelda, Tecmo Bowl, Ms. Pacman, Galaga and others. If your childhood was more recent, we’ve got GoldenEye or the original Super Smash Brothers on the N64, or various Gamecube and Sega Genesis games. Refreshments provided. For ages 18 and up, unless accompanied by an adult.

Trivia Night at Eugene Field
Wednesday, July 18, 6-7:30 p.m.
@ Eugene Field
Trivia is back! We’ll have refreshments, friendly competition and prizes. Play as a single or bring friends and compete as a team.

RiNo IN THE ROOM:
THE PRESERVERY
Come taste a sampling menu with a nod to great food in great literature.
Tuesday, July 24, 2:30-4:30 p.m.
@ RiNo Art District, The Preservery, 3040 Blake Street #101

See page 7 for details.
Video Jukebox Bingo
Thursday, July 19, 6:30-7:30 p.m. @ Hadley
This is not your grandma’s bingo! We’ve replaced calling traditional numbers with video clips resulting in a fun twist on the old favorite. Bring your friends or make some new ones. Ideal for ages 18 and up.

Pollinator Basics
Monday, July 23, 2-3:30 p.m. @ Sam Gary
Learn about different types of bees and wasps—honey bees, native bees, friendly wasps, useful wasps, defensive wasps—and how to help them out. Sarah McGregor, beekeeper at the Urban Farm, will discuss these topics and show you some bee hives, houses and habitat. We might even go looking for neighborhood bees! Suggested for ages 10 and up.

RiNo in the Room: The Preservery
Tuesday, July 24, 2:30-4:30 p.m. @ RiNo Art District, The Preservery, 3040 Blake Street #101
Get to know the RiNo neighborhood with RiNo in the Room. First up: The Preservery restaurant. Chef Coop will be serving up a sampling menu with a nod to great food in great literature. Co-owners Whitney and Obe Ariss will chat with guests about some of the challenges and triumphs of building The Preservery into a RiNo staple.

Bullet Journaling
Wednesday, July 25, 6-7 p.m. @ Smiley
The Bullet Journal is a customizable and forgiving organization system. It can be your to-do list, sketchbook, notebook and diary. Learn how to make your own with all materials provided.

Coils, Curls & Canvas
Saturday, July 28, 2-4 p.m. @ Blair Caldwell
Celebrate your curls, coils, braids, twists and locs while you make your own painterly masterpiece. Local artist Christine Fontenot will guide you as you explore your creativity in color. No art-making experience needed. Supplies and light refreshments provided. Contact the branch to register.

First Friday Concert with the Constant Tourists
Friday, July 6, 6 p.m. @ Smiley
Smiley Branch Library is celebrating its 100-year anniversary! Kick off your First Friday fun in front of the library with music from the Constant Tourists and other activities.

Strange Stars with Jason Heller
Saturday, July 7, 2-3 p.m. @ Central Library, Floor 1, Movies & Music
Join Denver DJ, local bandleader and author Jason Heller as he spins music from his book, Strange Stars: David Bowie, Pop Music, and the Decade Science Fiction Exploded.

Shelvis is in the Building!
Wednesday, July 11, 6:30-7:30 p.m. @ Park Hill
Lori “Shelvis” Muha transforms into the rock and roll superstar Elvis. Her tribute performance of Elvis gets the audience dancing and singing, and you are guaranteed to leave with a smile.

Great American House Fire
Saturday, July 14, 10:30-11:30 a.m. @ Ross-Cherry Creek
Start your weekend with a soulful, female-fronted, six-piece indie rock/emo band that embodies queer, trans, punk and DIY ethics. Doughnuts and coffee provided.

MOVIES & MUSIC

Easy Rider (1969) Rated R
Sunday, July 1, 1:30-4:30 p.m. @ Central Library, Conference Center
Starring Peter Fonda, Dennis Hopper and Jack Nicholson, Easy Rider marked a radical new era for film. With sweeping landscapes, improvised dialogue and more than a few rock and roll songs, Easy Rider is the ultimate counterculture blockbuster of American cinema.

Sign up today at a branch near you.
Community Singers
Monday, July 16, 6:15-7:30 p.m.
@ Schlessman Family
We’ll tap into the joyful part of ourselves that is the essence of singing in a group. We are inclusive, diverse and memory friendly. Join us whether you sing on key or off. Sponsored by a grant from the Lowry Foundation.

All Mixed Up
Saturday, July 21, 2-3 p.m. @ Hampden
Mixed Up: Our Changing Racial Identities is a film about multiracial families and children who identify as multiracial. Film screening will be followed by a Q&A with director Rebekah Henderson.

Choir for the Tone Deaf
Tuesday, July 24 & 31, 4-5 p.m.
@ Park Hill
Open to all vocally challenged individuals who long to overcome inhibitions or shame in order to warble in public. Learn the basics on how to sing by understanding your instrument better, breathing and how to reconnect with the joy of singing.

Denver’s Underground Music Scene
Saturday, July 28, 2-3:30 p.m.
@ Ross-Broadway
The Underground Music Showcase takes over South Broadway July 26-29. Westword contributor, artist and historian Tom Murphy will share his firsthand experience and research on Denver’s evolving underground music scene in a multimedia presentation.

La Pompe Jazz
Tuesday, July 31, 1:30-3 p.m.
@ Schlessman Family
La Pompe Jazz is a Denver-based gypsy jazz group that fuses eclectic American standards with French ballads, burning Django Reinhardt “Hot Club” tunes and soulful originals.

NORTH OF 50
Designed for those 50+ and their friends and family in order to stay healthy, informed, connected and happy.

Memory Cafe
With the American Museum of Western Art
Tuesday, July 3, 1:30-3 p.m.
@ Ford-Warren
Tuesdays, July 10 & 24, 1:30-3 p.m.
@ Schlessman Family
Memory Cafe is a social and educational group for people experiencing memory loss and their families and caregivers. It is a safe place to socialize, relax and learn without the fear of stigma. Each cafe has a program followed by socializing so that people can connect with others with shared experiences. We do not provide formal care or supervision.

Advanced Directives Signing Workshop Part 2
Friday, July 6, 2-2:45 p.m.
@ Eugene Field
Return with your Advance Directives paperwork and celebrate with others who have completed this document that will determine how you’ll live in your final days. Missed the initial workshop? Attend anyway and learn more.

Origami for Seniors
Thursday, July 12, 4-5 p.m.
@ Park Hill
Benefit from the tranquil art of paper folding and take away some beautiful items you’ve created from single sheets of paper.

The Future of Getting Around in Colorado
Friday, July 13, 2-3 p.m.
@ Eugene Field
CDOT (Colorado Dept. of Transportation) will discuss what it is doing to prepare Colorado for future transportation needs. Representatives from Walk2Connect! and BikeDenver will also discuss their programs.

Easy Hikes Near Denver
Friday, July 20, 2-3 p.m.
@ Eugene Field
Happy Hikers will discuss some of the many great hikes close to metro Denver.

Maintaining Muscle Mass
Friday, July 27, 2-3 p.m.
@ Eugene Field
Natural Grocers will discuss how to keep muscle mass with foods and supplements recommended by scientific research.

MAKE YOURSELF PROUD (AND YOUR FAMILY TOO)

Now is the perfect time to train for a high-demand career. Earn your high school diploma and a career certificate!

Go to denverlibrary.org/cohs for more information.
**Songbirds Sing-a-Long**
Saturday, July 28, 11a.m.-12:30 p.m. @ Gonzales
A sing-a-long to promote wellbeing and happiness for those with memory loss. Come sing, relax and socialize. Caretakers and family welcome.

**Dealing With Difficult People**
Saturday, July 28, 2:30-4 p.m. @ Bear Valley
Reduce your own reactivity so you can find more choice and freedom. Miki Kashtan says, “A difficult person is above my skill level.” Learn new ways to listen and to express so others can receive.

**COMPUTER BASICS SERIES**
See this page for dates, times and topics.

**Tech Help Appointments**
@ Athmar, Bear Valley, Byers, Central Library, Decker, Eugene Field, Ford- Warren, Gonzales, Green Valley Ranch, Hadley, Hampden, Pauline Robinson, Ross-Broadway, Ross-University Hills, Sam Gary, Valdez-Perry, Westwood
Get personalized technology assistance and instruction on your own device or a public computer. Call your library to schedule your appointment.

**Technology Classes**
@ Central Library
Looking for computer or gadget help? Attend free technology classes on everything from computer basics to building your own website. Visit denverlibrary.org/ctc for the class schedule and more information.

**ideaLAB Open Lab**
Go to denverlibrary.org/idealab for dates and times @ Central Library, Hadley, Hampden, Montbello
During open lab, in our makerspace, you can try out hardware and software to create music, games, 3D designs, art and more. No unaccompanied children under 10 during all-ages open lab.

**Computer Basics Series**
Tuesdays, 10:30 a.m.-12 p.m. @ Ross-University Hills
Email 1, July 3
Email 2, July 10
Microsoft Excel Basics, July 17
Protecting Your Privacy Online, July 24
YouTube Basics, July 31
Learn computer and smartphone basics such as how to set up an email account, search the internet, use social media safely and more. Check the events calendar for specifics at denverlibrary.org/events

**DIGITAL MAGAZINES**
Featuring new and popular titles.

**Drop In Tech Help**
Mondays, 11 a.m.-12 p.m. @ Ross-Barnum
Mondays, 1-3 p.m. @ Hadley
Mondays, 2-3 p.m. @ Gonzales
Tuesdays, 2-3 p.m. @ Gonzales, Ross-Barnum
Tuesdays, 12-1 p.m. @ Decker
Tuesdays, 3-4:30 p.m. @ Central Library, Floor 4, Large Classroom
Tuesdays, 3-4 p.m. @ Eugene Field
Wednesdays, 12-1 p.m. @ Blair-Caldwell, Schlessman Family
Wednesdays, 1:30-3 p.m. @ Bear Valley
Wednesdays, 6-8 p.m. @ Montbello
Fridays, 10-11 a.m. @ Hampden
Learn how to use tech more effectively. Get help navigating the internet, email and social networks. Learn how to access ebooks on any device and get your phone and tablet questions answered.

**OverDrive**
Go to denverlibrary.org/downloads for more information and to download the apps.
NORTH DENVER RESEARCH CENTER
at the Valdez-Perry Branch Library
4690 Vance St. 80216

Access City and County of Denver resources such as financial coaching, job search help, legal advice, rental and housing assistance, emergency shelter, medical referrals, child care and more.

Edit Video with Adobe Premiere Elements
Tuesday, July 17, 6-7:30 p.m.
@ Central Library, Floor 4, Large Classroom
We’ll cover basic video editing skills and get students familiar with Adobe’s editing software, Premiere Elements. Learn the interface, basic tools, file management and get editing tips. You’ll get a thorough introduction to Premiere Elements and hands-on experience with basic video editing best practices. Taught by instructors from Denver Open Media.

Photoshop Basics
Tuesday, July 24, 6-8 p.m.
@ Central Library, Floor 4, Large Classroom
Photoshop is a powerful all-purpose photo editing and art creation tool. In this class you’ll learn about lighting and color corrections, cropping and scaling photos, fixing blemishes, doctoring photos and layer manipulation.

WELLNESS
More recreational opportunities? denvergov.org/recreation

Walk With a Doc
Saturday, July 14, 8-9 a.m.
@ Bible Park, 6802 E Yale Ave, Denver, Meet at the baseball diamond
Learn about important health topics, then walk and get fit, side-by-side with doctors, nurses and your friends. Free blood pressure checks, giveaways and refreshments. For more information, visit denver.walkwithadoc.org

Adult Yoga
Saturday, July 7 & 21, 10:30-11:30 a.m.
@ Green Valley Ranch
Yoga taught in a safe, fun and supportive environment. This class focuses on asanas (physical poses), breathwork and meditation. All levels. Presented by Shanti Home. Sponsored by a grant from RE/MAX Altitude.

Scent Your World: Aromatherapy Potions
Thursday, July 12, 4-5 p.m. @ Smiley
Join us to discover the scentsual world of aromatherapy. You will learn about essential oils to uplift body and spirit, concentrations, dilutions and safety. During the class you will blend your own sugar scrub and aromatherapy perfume to take home.

Yoga
Saturday, July 14, 10:15-11:15 a.m.
@ Hampden
Yoga taught in a safe, fun and supportive environment. This class focuses on asanas (physical poses), breathwork and meditation. All levels. Presented by Shanti Home.

Yoga in the Park
Saturday, July 21, 10-11 a.m. @ Smiley
Learn and practice yoga in a safe, fun and supportive environment just outside the library in Berkeley Park. A limited number of mats will be provided. Participants are encouraged to bring a mat, towel and water.

Natural Hacks to Support Healthy Attention
Saturday, July 21, 2:30-3:30 p.m.
@ Bear Valley
Do you or your child find throughout the day that you’re in need of some “focus pocus”? Discover how nutrition and lifestyle tweaks can support your attention to help learning and cognition be as easy as pi(e).

Laughter Yoga
Wednesday, July 25, 6:30-7:30 p.m.
@ Park Hill
Enjoy playful laughter exercises interspersed with gentle breathing and stretching. During this joyful practice, you’ll strengthen the immune system, increase tolerance to pain and combat the negative effects of stress. Simple, fun and accessible to people of all fitness levels.

Zumba
Saturday, July 28, 10:15-11:15 a.m.
@ Hampden
Hypnotic latin, pop and international rhythms create a dynamic dance fitness program that will blow you away. No previous dance experience required.

Arrive early. Space is limited.
If you need sign language or CART Services, contact SignLanguageServices@denvergov.org with at least a three (3) business day notice. For other public accommodation requests/concerns related to a disability, please contact DisabilityAccess@denvergov.org.
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<th>DAY</th>
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<td>SATURDAY</td>
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- Babies 0-18 month old
- Toddlers 18-36 months old
- Preschoolers 3-5 years old
- All Ages 0-5 years old
- All Ages/Bilingual 0-5 years old

Catch a story anytime, anywhere with Phone-a-Story at 720-865-8500.
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