Pakistan

The official languages are Urdu and English. The most commonly spoken languages are Punjabi, Sindhi, Saraiki, Pashto, and Urdu.

Population: more than 220 million people

**FUN FACT**

Pakistan’s national flower is the jasmine.

**Food**

Nihari is slow-cooked lamb, a favorite food often served to guests on special occasions. Traditionally it would be left to simmer and cook overnight, and be served at sunrise.

A major holiday in Pakistan is Eid al-Fitr, a three-day celebration at the end of the holy month of Ramadan. During Ramadan, Muslims fast (do not eat or drink) and pray during the day. During Eid al-Fitr, children may get new clothes and be given money by friends and relatives, and people visit with friends and family for a large feast.
Did you know that henna is a natural dye that is used throughout the world. People used henna to make beautiful designs on their hands and legs.